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Dear <<First Name>>

Thorpe Park Triathlon | Sunday 17 September

We are just six days away from the Thorpe Park Sprint Distance Triathlon so make sure that you have a read through the [race pack](#) before Sunday and the key bits to note are set out below.

Parking - we are using the main car park for the theme park so just follow the signs into Thorpe Park. As long as you leave before midday the parking ticket booths will not be manned.

[START LIST](#)

Start time - We are on for a 8am start so we will be open at 6.15am for registration and racking. There will then be a race briefing by the swim start at 7.50am which must be attended by all competitors. There will be seven starting waves:

Wave 1 | under 30 males at 08:00

Wave 2 | 30-39 males at 08:07

Wave 3 | 40-49 males at 08:14

Wave 4 | vet 50 males at 08:21

Wave 5 | under 30 females and relay teams at 08:28

Wave 6 | 30-44 females at 08:35

Wave 7 | vet 45 females at 08:42

Racking your bike - Once you have collected your pack from registration, head to the transition area to rack your bike. But, first make sure that you have

your timing chip on your left ankle, the numbered sticker on your bike and your helmet done up on your head. This short [video](#) will let you know what will be in your registration pack.

[Results](#) – these will be live so family and friends can check out how you are getting on and don't forget to 'like' your result so that it appears on your facebook page!

Visiting the theme Park – Thorpe Park have kindly offered all our competitors and supporters entry to the park for only £20. There will be an admissions desk at the main entrance to the Park for Triathletes only, so after the race you can drop kit off at the car and then using your race number for you and your supports, you can claim the £20 tickets.

Spectators - It sounds as if there will be plenty of spectators coming down to watch the race so we just wanted to let you know a few key bits:

- The main gate into the Park will be locked once the race is underway so if your spectators are arriving after this time you can buzz the 'reception door' and having said that they are at the Park for the triathlon they will be let in. I have attached a photo of the door!



- It is free for spectators coming to watch the race, but if they want to go into the Park after the race they will have to accompany you back to the main gate with your race number where they can take advantage of the £20 entry fee.

We look forward to seeing you all bright and early on Sunday morning!

Good luck from the Tri Project team,
Matt, Ben, Beckie and Lee

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